

# Beyond Horizons Youth exchange's report Presles (France) july 2025



Co-funded by  
the European Union



**CREPS**  
Auvergne-Rhône-Alpes  
Vallon-Pont-d'Arc • Voiron • Lyon



# Partners

A collaboration between 2 partners of Beyond Horizons project :

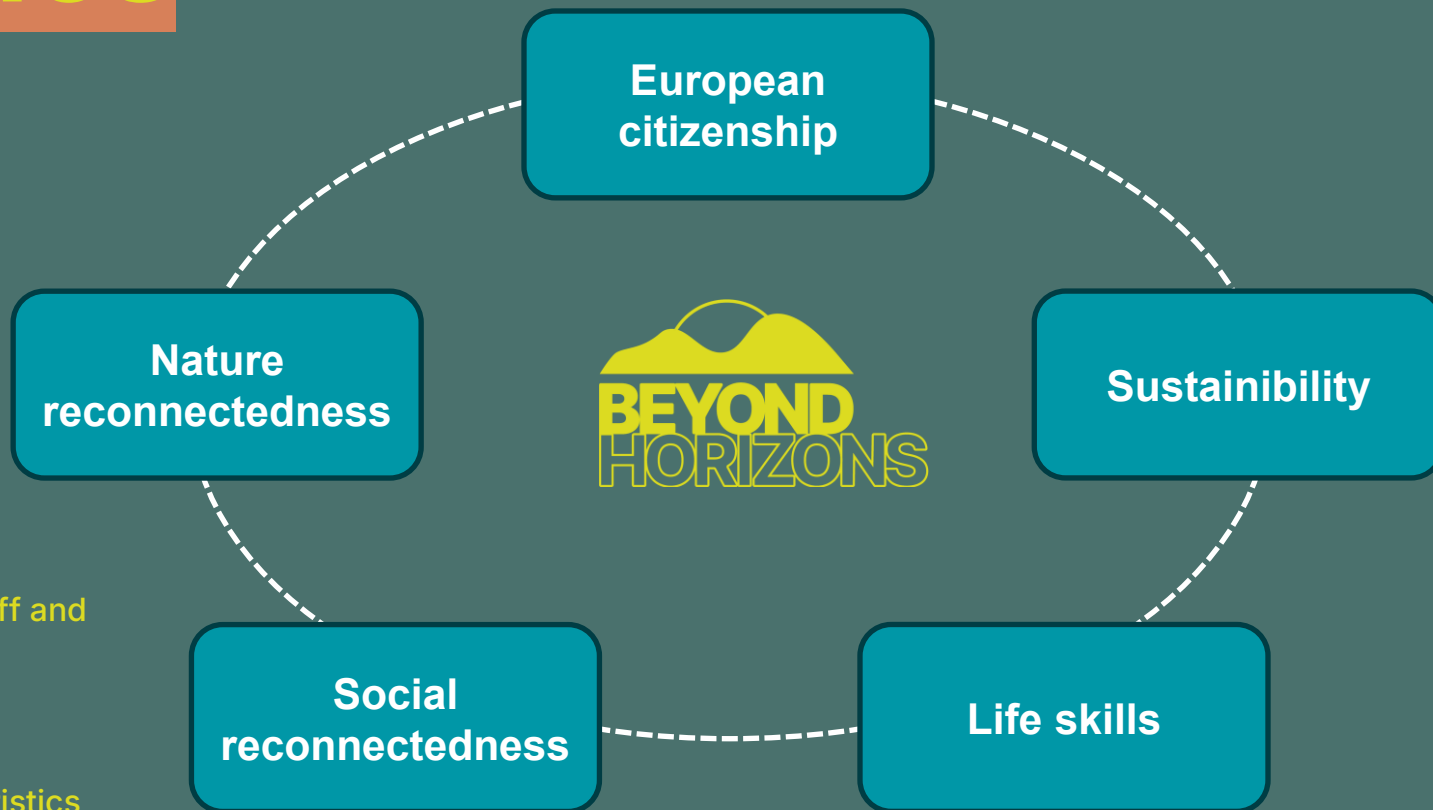
- CREPS Auvergne Rhône Alpes (France)
- Länsstyrelsen Västernorrland

Commons expectations, guideline and mindset :

- To experiment and innovate
- To adapt contents to youth
- To make sense to activities



# Topics



Topics defined by staff and relevant with :

- Beyond horizon requirements
- PJJ expectations
- Youth's characteristics
- Locations and potentialities of locations

# The youth panel

CREPS has proposed to participate to a state organisation in charge of following minor people with judiciaries issues or beneficiaries of a protection due to family's issues. 2 youth were concerned by this exchange.

Länsstyrelsen Västernorrland associated 4 youth from the climbing club of Harnössand.



Our choose was to create the opportunity of a meeting between youth without issue and youth in social disability...



# Who are these youth ?

French youth were already involved in an immersive program in Verdon's canyon in autumn 2024. Specialized educators and PJJ started from this point to prepare them to both exchanges.

- Youth with social and financial issues
- Youth with a lack of self-confidence
- Youth apart from social norms / out of school system
- A long support before to prepare them thanks to PJJ's team's work

Swedish youth were example of youth included in the system but with interrogations about their future.

- For some of them difficulties to included themselves in a group
- Youth's group with a kind hierarchy due to their level in climbing
- Youth with a lack of self-confidence and difficulties to dare new things



# The staff

Jean ESSELSTRÖM  
Frilutsliv manager  
in Länsstyrelsen  
Västernorrland



Henrick PETRE  
Sport manager in  
Harnössand  
municipality

Fred MINIER  
Outdoor guide and  
teacher in CREPS



Philippe PERIE  
PJJ's educator and  
coordinator of  
educative actions

# Challenges

- Language's barreer
- Travel far, abroad
- Include sustainability
- Create citizen behaviours
- Experiential learning





# Step 1 : in Sweden

## Summary

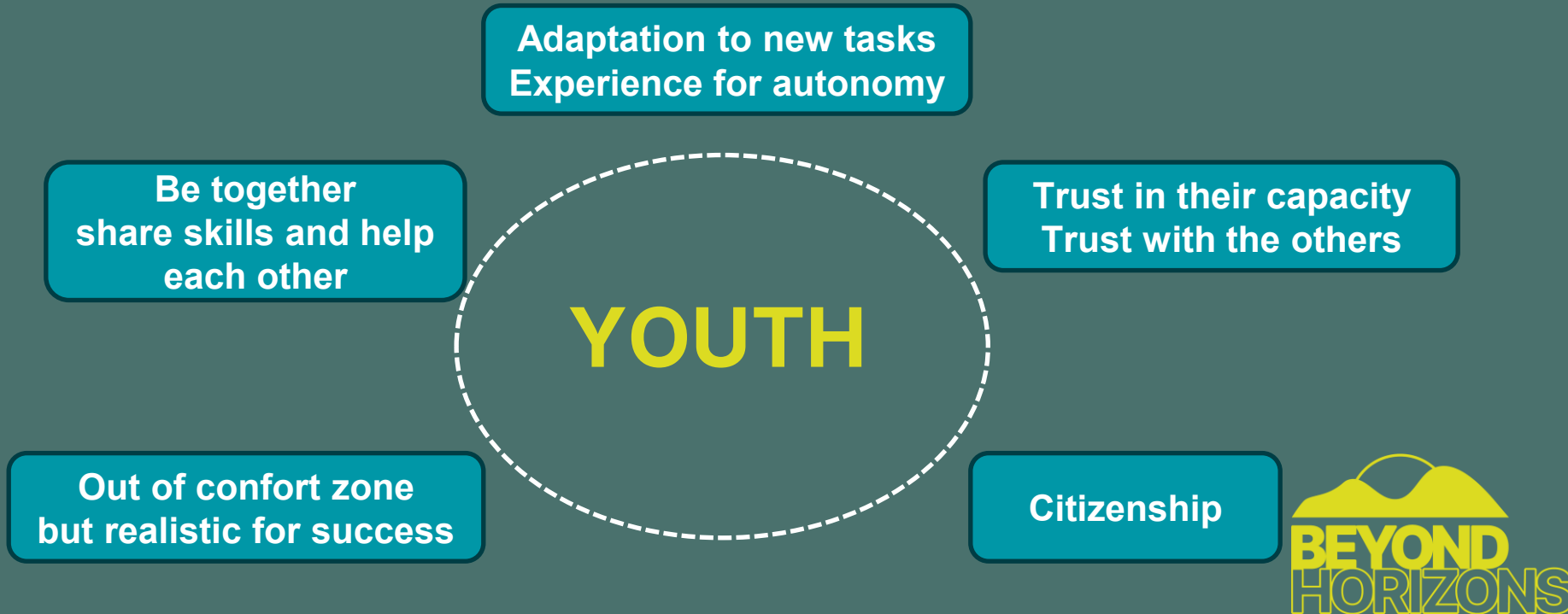
- The travel : more than a journey : an adventure
- Immersiv : in Nature, in the woods, the isle, close to the sea, in the cabins or under the tent
- Slow rhythm, life and activities : let time to the youth and staff for nature and social connectedness
- Simple life : crafting, fishing, borying, cutting wood





# Guideline

## An adapted pedagogy

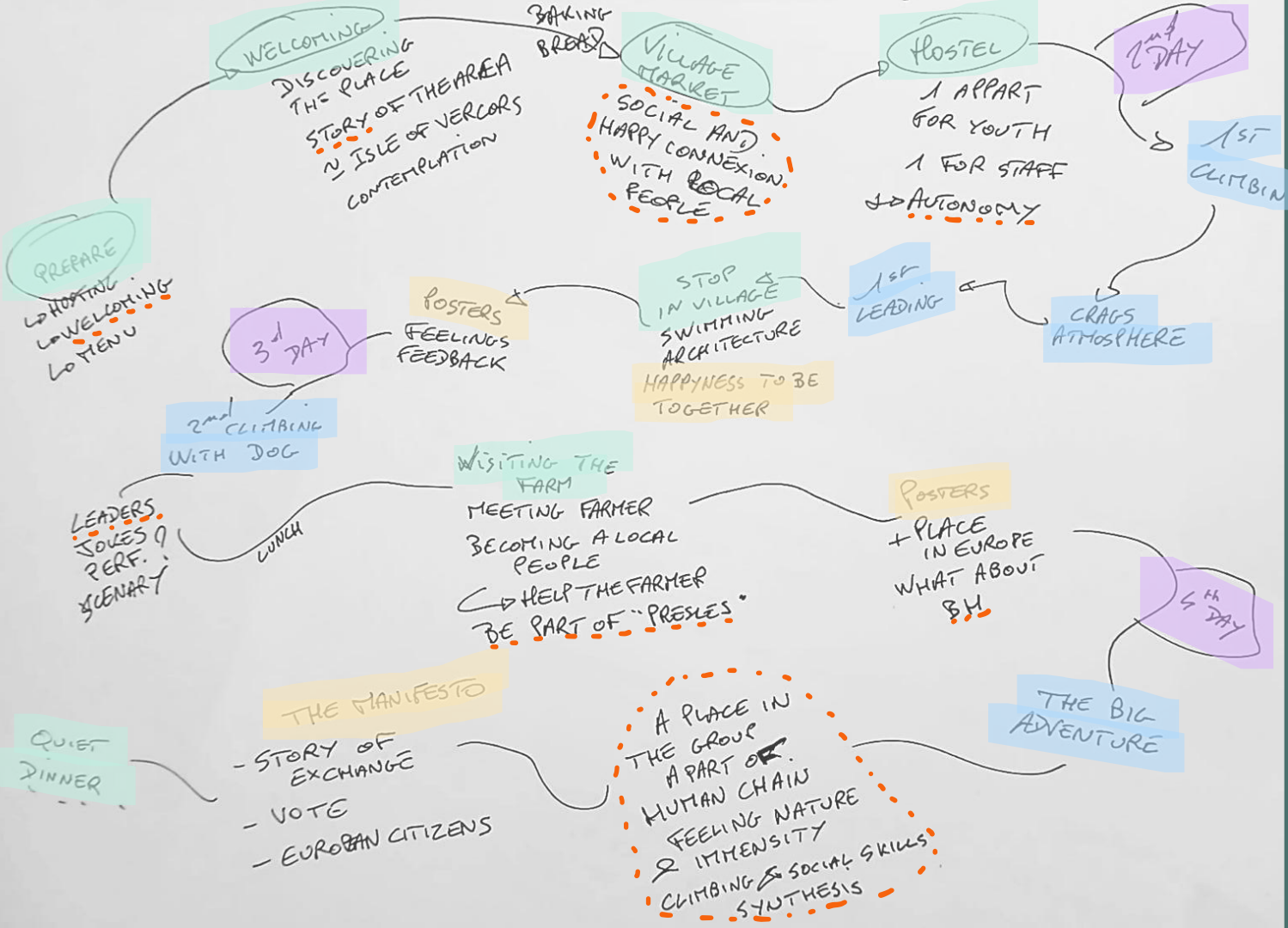


# Step 2 : France – Presles / VERCORS

## Continuity

- Nature reconnectedness : mountain area
- Climbing activities : educational values
- Social connectedness : create social connexion with villages, people, history, farmers...
- European feeling : open to democracy and citizenship





Day

Local connexions

Climbing

Citizenship

Highlights







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# Citizenship

These exchanges took place thanks to ERASMUS :

- Make aware youth about Europe's role and values
- Open their mind to become actors of the future

Each day, a collectiv time around poster to give their feelings about what happened and how they lived the activities.







Happy

I have never  
near climbed  
with rope in  
france

satisfaction

france

# ESCALADE KLÄTTRING

Jamais fait de bloc en  
mer



Night on rock star

lien  
magnifique



I have never  
climbed with  
free natives  
before in france

believe

concentration



Scared (he would fall)

content



excited



ST  
trust in you



Alps Klättr 1100 m  
harding fear



sure

Over come fear, controll  
fear

Bin threat  
to freeze me



I have never  
knew oct  
over a 300  
cliff before

attril

Soie  
pour fia



hand il  
top



Soie

Never climb in france



## HEUREUX

good



cool

HAPPY



NEVER read climb



## EXCITÉ

i have never climbed on a mountain  
Scared out of my mind  
Panic  
getting  
Hurt on  
a fall



Non premier bloc en Suisse!

de la Soie

Never climb 27 meter Wall

i have never climb had climbed

Climbing in france  
with stop on

i have never gotten those many scrapes and cuts

responsabilité



Soie

mon cousin fait tout  
magique

Trust  
Power  
safe



# TILLSAMMANS ENSEMBLE



i have never been in a french village



Sharing  
a experience to  
gether is fun or  
more fun then  
alone



I have never played shipwrecked  
on a beach before



Companionship



i have never  
had an  
experience



good



Joie

Friendship



Farmer duty



happy



i have never picked  
weeds on a farm  
Trust in  
each other

I have never picked weeds  
with so happy people before



disen pickel (The water was cold)



Excited



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# IMPACTS

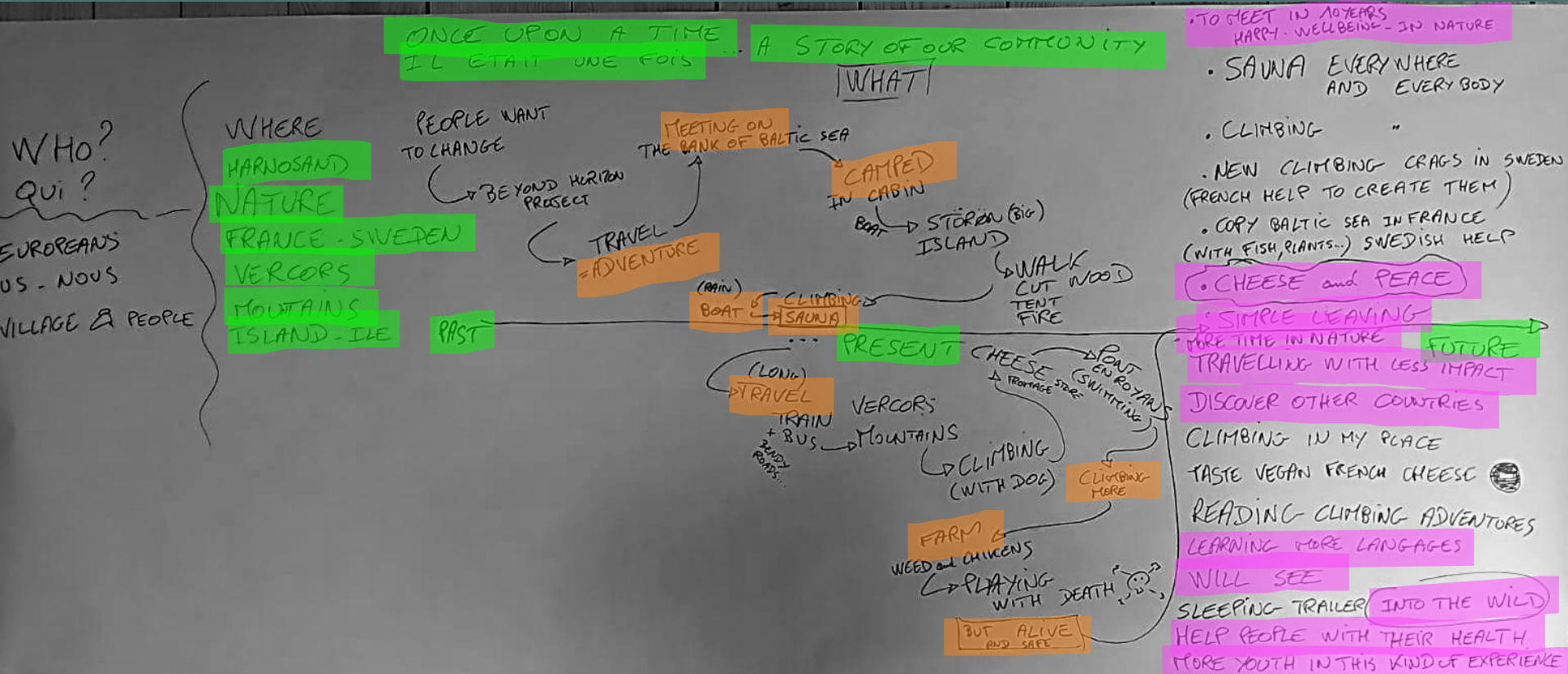
Such an exchange was a deep human experience for each of us.

The last day, a final collective session permitted to create a story of our adventures with an opening to the future wished by youth in Europe.

Votes were necessary in a politician and democratic mindset.



# our STORY





# IMPACTS :

→ ON STAFF: NOT ACTIVITIES PROVIDERS  
CREATORS OF OPPORTUNITIES  
GIVING A ROLE TO EACH  
MAKE SENSE WITH ALL ACTIVITIES  
YOUTH EXPECTATIONS

→ ON YOUTH:

↗ COMMUNICATION / COLLABORATION

↗ UNDERSTANDING OF OTHERS

↗ TRUST WITH STAFF

↗ CITIZEN AWARENESS

↗ DARE TO LEAD / TO HAVE RESPONSABILITIES

→ TO ENHANCE

- CREATING A STORY

→ EASY TO REFINED

→ POSITIVE

→ VOTES

→ FUNNY MOMENTS

1st TIME

CLIMBING

- NATURE
- EARTH UNDERSTANDING
- TOUCH ROCK
- AWARENESS
- RESPONSABILITY
- TRUST
- TO BE CAPABLE
- SHARE
- FEEL
- COMMUNICATE

COOKING

- SHARE
- COMMUNICATE
- HOST
- PART OF ECOSYSTEM

VILLAGE

- WAY OF LIFE
- HISTORY
- TOURISM

FARM

- SUSTAINABILITY
- EARTH
- ↳ FOOD
- ↳ ME

POSTERS

- SHARE
- EUROPEAN MINDSET
- PEACE

# Impacts

# Results

Highlighted by infographic

\_ impacts on staff and organisation. To be continued by finding **new opportunities** and project.

\_ impacts on youth : on **life and social skills, citizenship, nature** relationship

\_ impacts on territory : inspiring **connexions** with **local people**







# Thank you !

- \_French and Swedish staff
- \_PJJ's educators, director and ministry of justice's people involved to make it possible for youth in needs
- \_Our hoster : Dominique in her wonderful hotel "entre ciel et pierre"
- \_The farmer : Igor in his farm "les jardins Preslins"
- \_The baker : David and his bread cooked for us in the presle's wood oven
- \_All people we crossed in the area
- \_ "bull" : the dog who followed us everywhere on the crags
- \_ the Nature : especially Vercors mountains with their landscape and history
- \_ERASMUS and Beyond Horizon project to make it possible and open Europe to us.





# Thank you

#beyondhorizons #inclusivityinsport #inclusivesport  
#outdoorsports #outdoorlife #sportforall



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