

# Beyond Horizons

## Youth exchange's report

### Presles (France) july 2025



Co-funded by  
the European Union



**CREPS**  
Auvergne-Rhône-Alpes  
Vallon-Pont-d'Arc • Voiron • Lyon



# Partners

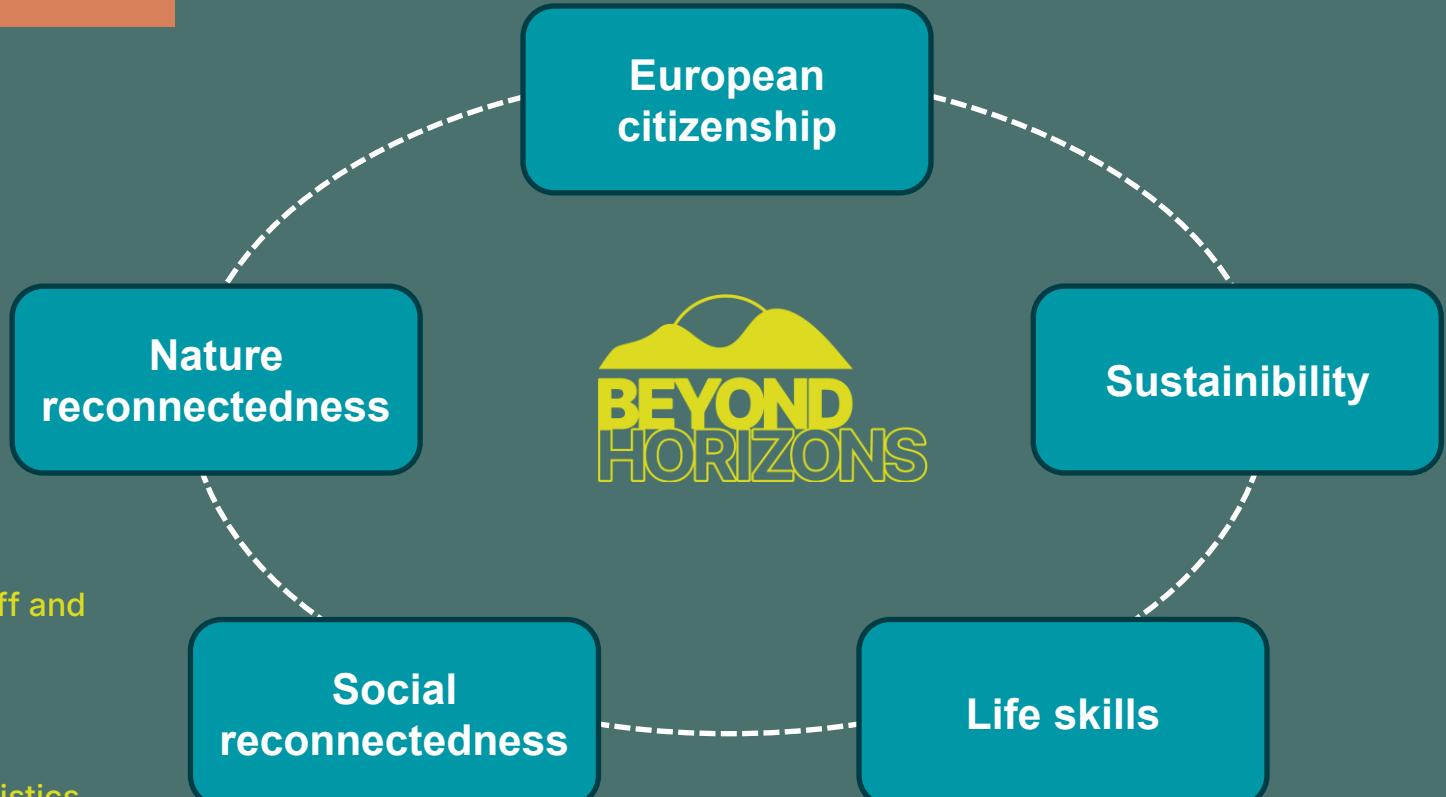
A collaboration between 2 partners of Beyond Horizons project :

- CREPS Auvergne Rhône Alpes (France)
- Länsstyrelsen Västernorrland

Commons expectations, guideline and mindset :

- To experiment and innovate
- To adapt contents to youth
- To make sense to activities

# Topics



Topics defined by staff and relevant with :

- Beyond horizon requirements
- PJJ expectations
- Youth's characteristics
- Locations and potentialities of locations

# The youth panel

CREPS has proposed to participate to a state organisation in charge of following minor people with judiciaries issues or beneficiaries of a protection due to family's issues. 2 youth were concerned by this exchange.

Länsstyrelsen Västernorrland associated 4 youth from the climbing club of Harnössand.



Our choose was to create the opportunity of a meeting between youth without issue and youth in social disability...

# Who are these youth ?

French youth were already involved in an immersive program in Verdon's canyon in autumn 2024. Specialized educators and PJJ started from this point to prepare them to both exchanges.

Swedish youth were example of youth included in the system but with interrogations about their future.

- Youth with social and financial issues
- Youth with a lack of self-confidence
- Youth apart from social norms / out of school system
- A long support before to prepare them thanks to PJJ's team's work

- For some of them difficulties to included themselves in a group
- Youth's group with a kind hierarchy due to their level in climbing
- Youth with a lack of self-confidence and difficulties to dare new things

# The staff

Jean ESSELSTRÖM  
Friluftsliv manager  
in Länsstyrelsen  
Västernorrland



Henrick PETRE  
Sport manager in  
Harnössand  
municipality

Fred MINIER  
Outdoor guide and  
teacher in CREPS



Philippe PERIE  
PJJ's educator and  
coordinator of  
educative actions

# Challenges

- Language's barrier
- Travel far, abroad
- Include sustainability
- Create citizen behaviours
- Experiential learning



# Step 1 : in Sweden

## Summary

- **The travel** : more than a journey : an adventure
- **Immersiv** : in Nature, in the woods, the isle, close to the sea, in the cabins or under the tent
- **Slow rhythm, life and activities** : let time to the youth and staff for nature and social connectednesses
- **Simple life** : crafting, fishing, borying, cutting wood



# Guideline

## An adapted pedagogy

Adaptation to new tasks  
Experience for autonomy

Be together  
share skills and help  
each other

Trust in their capacity  
Trust with the others

Out of comfort zone  
but realistic for success

Citizenship

# Step 2 : France – Presles / VERCORS

## Continuity

- Nature reconnectedness : mountain area
- Climbing activities : educational values
- Social connectedness : create social connexion with villages, people, history, farmers...
- European feeling : open to democracy and citizenship





Day

Local connexions

Climbing

Citizenship

Highlights

BEYOND HORIZONS



**BEYOND  
HORIZONS**



**BEYOND  
HORIZONS**

# Citizenship

These exchanges took place thanks to ERASMUS :

- Make aware youth about Europe's role and values
- Open their mind to become actors of the future

Each day, a collectiv time around poster to give their feelings about what happened and how they lived the activities.





# TILLSAMMANS ENSEMBLE



i have never been in a french village



Sharing  
a experience to  
gether is fun of  
More fun than  
alone



i have never played shipwrecked  
on a beach before



Companionship



farmer duty



happy



fun

i have never  
had no  
expedition



good

Friendship

Joie



i have never picked  
weeds on a farm

i have never picked weeds  
with so happy people before



disco packed (the water was cold)



excited

**BEYOND  
HORIZONS**

# IMPACTS

Such an exchange was a deep human experience for each of us.

The last day, a final collective session permitted to create a story of our adventures with an opening to **the future whished by youth in Europe.**

Votes were necessary in a politician and **democratic** mindset.

# our STORY

WHO?  
QUI?  
EUROPEANS  
US - NOUS  
VILLAGE & PEOPLE

WHERE  
HARNOSAND  
NATURE  
FRANCE - SWEDEN  
VERCORS  
MOUNTAINS  
ISLAND - ILE

ONCE UPON A TIME  
IL ETAIT UNE FOIS

PEOPLE WANT  
TO CHANGE  
(> BEYOND HURTON  
PROJECT)

TRAVEL  
= ADVENTURE

MEETING ON  
THE BANK OF BALTIC SEA

CAMPED  
IN CABIN

BOAT → STÖREN (big)  
ISLAND  
(WALK  
CUT WOOD  
TENT  
FIRE)

(TRAIN)  
BOAT → CLIMBING  
SAUNA

PAST

... PRESENT

(LONG)  
TRAVEL  
TRAIN  
+ BUS  
READY  
ROADS

VERCORS  
MOUNTAINS

CLIMBING  
(WITH DOG)

CLIMBING  
MOUNTAINS

FARM  
WEED and CHICKENS

PLAYING  
WITH DEATH

BUT  
ALIVE  
AND SAFE

A STORY OF OUR COMMUNITY  
[WHAT]

TO MEET IN 10 YEARS  
HAPPY. WELLBEING - IN NATURE

• SAUNA EVERY WHERE  
AND EVERY BODY

• CLIMBING "

• NEW CLIMBING CRAGS IN SWEDEN  
(FRENCH HELP TO CREATE THEM)

• COPY BALTIC SEA IN FRANCE  
(WITH FISH, PLANTS...) SWEDISH HELP

• CHEESE and PEACE

• SIMPLE LEAVING

• MORE TIME IN NATURE  
FUTURE  
TRAVELLING WITH LESS IMPACT

DISCOVER OTHER COUNTRIES

CLIMBING IN MY PLACE

TASTE VEGAN FRENCH CHEESE

READING CLIMBING ADVENTURES

LEARNING MORE LANGAGES

WILL SEE

SLEEPING TRAILER INTO THE WILD

HELP PEOPLE WITH THEIR HEALTH  
MORE YOUTH IN THIS KIND OF EXPERIENCE

## IMPACTS:

### → ON STAFF:

NOT ACTIVITIES PROVIDERS  
CREATORS OF OPPORTUNITIES  
GIVING A ROLE TO EACH  
MAKE SENSE WITH ALL ACTIVITIES  
YOUTH EXPECTATIONS

### → ON YOUTH:

↗ COMMUNICATION / COLLABORATION

↗ UNDERSTANDING OF OTHERS

↗ TRUST WITH STAFF

↗ CITIZEN AWARENESS

↗ DARE TO LEAD / TO HAVE RESPONSABILITIES

### → TO ENHANCE

- CREATING A STORY

→ EASY TO REFINED

→ POSITIVE

→ VOTES

→ FUNNY MOMENTS

### CLIMBING

- NATURE
- EARTH UNDERSTANDING
- TOUCH ROCK
- AWARENESS
- RESPONSABILITY
- TRUST
- TO BE CAPABLE
- SHARE
- FEEL
- COMMUNICATE

### COOKING

- SHARE
- COMMUNICATE
- HOST
- PART OF ECOSYSTEM

### VILLAGE

- WAY OF LIFE
- HISTORY
- TOURISM

### FARM

- SUSTAINABILITY
- EARTH  
↳ FOOD  
↳ ME

### POSTERS

- SHARE
- EUROPEAN MINDSET
- PEACE

1ST TIME

# Results

Highlighted by infographic

\_ impacts on staff and organisation. To be continued by finding **new opportunities** and project.

\_ impacts on youth : on **life** and **social skills**, **citizenship**, **nature** relationship

\_ impacts on territory : inspiring **connexions** with **local people**



**BEYOND  
HORIZONS**

# Thank you !

- \_French and Swedish staff
- \_PJJ's educators, director and ministry of justice's people involved to make it possible for youth in needs
- \_Our hoster : Dominique in her wonderful hotel "entre ciel et pierre"
- \_The farmer : Igor in is farm "les jardins Preslins"
- \_The baker : David and his bread cooked for us in the presle's wood oven
- \_All people we crossed in the area
- \_ "bull" : the dog who followed us everywhere on the crags
- \_ the Nature : especially Vercors mountains with their landscape and history
- \_ERASMUS and Beyond Horizon project to make it possible and open Europe to us.



# Thank you

#beyondhorizons #inclusivityinsport #inclusivesport  
#outdoorsports #outdoorlife #sportforall



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